

YOUR MENU

Greenmount

Week 1

W/C – 5/9/22, 26/09/22,
17/10/22, 14/11/22, 5/12/22,
9/01/23, 30/01/23

MONDAY

Tomato Pasta Bake with
Homemade Garlic Bread (v)

Vegetarian Burger in a Bun
with Jacket Wedges (ve)

Tomato Pasta Bake with
Homemade Garlic Bread (v)

Jacket Potato with Pizza
Topping (v)

Lemon Cookie with Fresh
Fruit Wedges

Tuesday

Sticky Chicken Wrap with
Rice

Margherita Pizza with
Jacket Wedges (v)

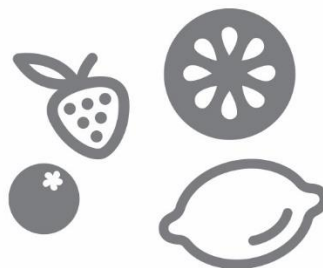
Halal Sticky Chicken Wrap
with Rice

Egg Mayonnaise Sandwich
with Jacket Wedges (v)

Chocolate Cornflake Cake
with Fresh Fruit Wedges

AVAILABLE DAILY YOGHURTS AND Fresh Fruit

MENUS ARE SUBJECT
TO AVAILABILITY



Wednesday

Beef Lasagne with Crusty
Bread

Tikka Masala Curry with
Rice (v)

Halal Beef Lasagne with Crusty
Bread

Jacket Potato with Baked
Beans (ve)

Apple and Parsnip Flapjack

RED TRACTOR STANDARDS



THURSDAY

Roast Chicken with Yorkshire
Pudding, Mashed and Roast
Potatoes

Vegetarian Sausage with
Yorkshire Pudding, Mashed
and Roast Potatoes (v)

Halal Roast Chicken with
Yorkshire Pudding, Mashed and
Roast Potatoes

Hot Roast Filled Bap with
Roast Potatoes

Pear and Ginger Sponge
and Custard



(v) = vegetarian
(ve) = vegan

FRIDAY

Fish Fingers with Chips

Omelette with Chips (v)

Fish Fingers with Chips

Jacket Potato with Tuna

Ice Cream with Peach
Compote

Please note, whilst we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item is free from any specific allergen. We produce our food fresh every day in kitchens where allergens are handled by our staff and where utensils and equipment are used for multiple menu items.



YOUR MENU

(v) = vegetarian

(ve) = vegan

Greenmount

Week 2

W/C – 12/09/22, 3/10/22,
31/10/22, 21/11/22,
12/12/22, 16/01/23,
6/02/23

MONDAY

Chicken in Curry Sauce
with Rice

Vegetarian Sausage Pasta
Bake (v)

Halal Chicken in Curry
Sauce with Rice

Jacket Potato with Tuna
and Sweetcorn

Ice Cream with Sponge
Finger

Tuesday

Vegetable Lasagne (v)

Cheesy Bean Slice with
Jacket Wedges (v)

Vegetable Lasagne (v)

Wholemeal Egg
Mayonnaise Sandwich with
Jacket Wedges (v)

Orange Sponge with
Chocolate Custard

AVAILABLE DAILY YOGHURTS AND Fresh Fruit

MENUS ARE SUBJECT
TO AVAILABILITY



Wednesday

Chicken Casserole with
Dumplings

Vegetarian Kebab Wrap
with Baby Baked Potatoes
(ve)

Halal Chicken Casserole with
Dumplings

Jacket Potato with Cheese
and Salad (v)

Fruit Jelly with Fresh Fruit
Salad



THURSDAY

Roast Chicken with Yorkshire
Pudding, Mashed and Roast
Potatoes

Vegetarian Sausage with
Yorkshire Pudding, Mashed and
Roast Potatoes (v)

Halal Roast Chicken with
Yorkshire Pudding, Mashed and
Roast Potatoes

Hot Roast Filled Bap with
Roast Potatoes

Flapjack with Apple
Wedges



FRIDAY

Crispy Salmon Bites with
Chips

Margherita Pizza with
Chips (v)

Crispy Salmon Bites with
Chips

Jacket Potato with Tuna

Chocolate and Beetroot
Brownie with Pear Wedges

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RED TRACTOR STANDARDS



YOUR MENU

Greenmount

Week 3

W/C – 19/09/22, 10/10/22,
7/11/22, 28/11/22, 2/01/23,
23/01/23

MONDAY

Spaghetti Bolognese

Spanish Omelette served
with Jacket Wedges (v)

Halal Spaghetti Bolognese

Jacket Potato with Baked
Beans (ve)

Seasonal Fruit Crumble
and Custard

Tuesday

Margherita Pizza with
Herby Diced Potatoes (v)

Sweet Potato Vegetable
Chilli with Rainbow Rice
(ve)

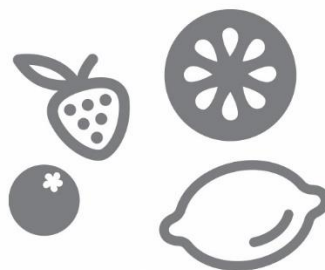
Margherita Pizza with Herby
Diced Potatoes (v)

Wholemeal Tuna and
Cucumber Sandwich with
Rainbow Rice

Rice Pudding with
Homemade Strawberry Sauce

AVAILABLE DAILY
YOGHURTS
AND
Fresh Fruit

MENUS ARE SUBJECT
TO AVAILABILITY



Wednesday

Roast Chicken and Stuffing
Bap with Jacket Wedges

Super Five Pasta Bake (v)

Halal Roast Chicken and Stuffing
Bap with Jacket Wedges

Jacket Potato with Cheese
(v)

Fruit Flapjack

RED TRACTOR STANDARDS



THURSDAY

Roast Chicken with
Yorkshire Pudding, Mashed
and Roast Potatoes

Vegetarian Sausage with
Yorkshire Pudding, Mashed
and Roast Potatoes (v)

Halal Roast Chicken with
Yorkshire Pudding, Mashed and
Roast Potatoes

Vegetarian Sausage Filled
Bap with Roast Potatoes (v)

Coconut Sponge with
Custard



(v) = vegetarian

(ve) = vegan

FRIDAY

Fish Fingers with Chips

Vegetable Nuggets with
Chips (ve)

Fish Fingers with Chips

Jacket Potato with
Vegetable Curry (v)

Chocolate Shortbread with
Orange Wedges

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