



# Whole School Curriculum Map: Physical Education

- Confidence
- Learning
- Independence
- Motivation
- Belief

\*OAA- is woven throughout the wider curriculum

|        | Autumn 1                        |                                    | Autumn 2  | Spring 1                              | Spring 2  | Summer 1   | Summer 2  |
|--------|---------------------------------|------------------------------------|---|---------------------------------------|---|--|---|
| FS     | Locomotion:<br>Walking, Jumping |                                    | Ball Skills<br>Hand 1 and 2                             | Dance:<br>Nursery Rhymes<br>Ourselves | Gymnastics:<br>Moving<br>High, low, over, under | Rackets, Bats, Balls and<br>Balloons                   | Games for Understanding:<br>A v D   |
| Year 1 | Team building                   | Locomotion:<br>Running and Jumping | Ball Skills:<br>Hand and Feet                           | Dance:<br>Growing<br>The zoo          | Gymnastics:<br>Wide, narrowed, Curled           | Rackets, Bats and Balls                                | Games for Understanding:<br>A v D   |
| Year 2 | Team building                   | Locomotion:<br>Dodging and jumping | Ball Skills:<br>Hand and Feet                           | Dance:<br>Water<br>The explorers      | Gymnastics:<br>Pathways and linking             | Rackets, Bats and Balls                                | Games for Understanding:<br>A v D   |
| Year 3 | Health and wellbeing            | Athletics                          | Developing Skills and Knowledge for Invasion (Football) | Dance:<br>Wild Animals<br>Weather     | Gymnastics:<br>Symmetry and Asymmetry           | Developing skills and knowledge for Net/Wall: (Tennis) | Developing skills and knowledge for fielding and striking: (Rounders and cricket) |
| Year 4 | Health and wellbeing            | Athletics                          | Developing Skills and Knowledge for Invasion (Netball)  | Dance:<br>Greeks<br>Cats              | Gymnastics:<br>Bridges                          | Developing skills and knowledge for Net/Wall: (Tennis) | Developing skills and knowledge for fielding and striking: (Rounders and cricket) |
| Year 5 | Health related exercise         | Athletics                          | Invasion:<br>Hockey                                     | Dance:<br>Space<br>The Circus         | Gymnastics:<br>Counterbalance/tension           | Net/Wall<br>Tennis                                     | Fielding and Striking:<br>Rounders and cricket                                    |
| Year 6 | Health related exercise         | Athletics                          | Invasion:<br>Tag Rugby                                  | Dance:<br>Carnival<br>Titanic         | Gymnastics:<br>Matching and Mirroring           | Net/Wall<br>Tennis                                     | Fielding and Striking:<br>Rounders and cricket                                    |