

Whole School Curriculum Map: Physical Education

*OAA- is woven throughout the wider curriculum

	Autumn 1		Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS	Locomotion: Nursery: Walking Reception: Jumping		Ball Skills Nursery: Hand 1 Reception: Hand 2	Dance: Nursery: Ourselves Reception: Nursery Rhymes	Gymnastics: Nursery: High, low, over, under Reception: Moving	Nursery: Feet 1 Reception: Rackets, Bats, Balls and Balloons	Games for Understanding: Nursery: Playing through games Reception: Attack and defence
Year 1	Team building	Locomotion: Running and Jumping	Ball Skills: Hand and Feet	Dance: Growing The zoo	Gymnastics: Wide, narrowed, Curled	Rackets, Bats and Balls	Games for Understanding: A v D
Year 2	Team building	Locomotion: Dodging and jumping	Ball Skills: Hand and Feet	Dance: Water The explorers	Gymnastics: Pathways and linking	Rackets, Bats and Balls	Games for Understanding: A v D
Year 3	Health and wellbeing	Athletics	Developing Skills and Knowledge for Invasion (Football)	Dance: Wild Animals Weather	Gymnastics: Symmetry and Asymmetry	Developing skills and knowledge for Net/Wall: (Tennis)	Developing skills and knowledge for fielding and striking: (Rounders and cricket)
Year 4	Health and wellbeing	Athletics	Developing Skills and Knowledge for Invasion (Netball)	Dance: Greeks Cats	Gymnastics: Bridges	Developing skills and knowledge for Net/Wall: (Tennis)	Developing skills and knowledge for fielding and striking: (Rounders and cricket)
Year 5	Health related exercise	Athletics	Invasion: Hockey	Dance: Space The Circus	Gymnastics: Counterbalance/tension	Net/Wall Tennis	Fielding and Striking: Rounders and cricket
Year 6	Health related exercise	Athletics	Invasion: Tag Rugby	Dance: Carnival Titanic	Gymnastics: Matching and Mirroring	Net/Wall Tennis	Fielding and Striking: Rounders and cricket