

## Physical Education- Lead Emma Robinson

- Physical education lessons are taught weekly using Complete PE. Our curriculum covers every context of learning of the Primary Physical Education National Curriculum that flow in a progressive, sequential order from Foundation to Year 6.
- interactive videos showcase successful, age-related learning. These videos instantly bring learning to life and demonstrate examples of high-quality PE, providing purposeful and effective guidance to teachers.
- Learning pathways show the development of the whole child through their Physical education journey at primary school and shared with all staff.
- Pupils are assessed half termly using the success criteria from the lesson plans alongside Complete PE's Knowledge Organisers.
- Half termly Intra competitions take place at the end of each topic. These allow classes to demonstrate and practice the skills they have learned in their lessons and use them in a competitive situation.

Whole School Curriculum Map: Physical Education 2022-23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS	Locomotion: Walking, jumping	Ball Skills: Hand 1 and 2	Dance: Nursery Rhymes Ostinato	Gymnastics: Moving	Games for Understanding: A v D	Health and well-being
Year 1	Team building: Running and jumping	Ball Skills: Hand 1 Ball Skills: Feet 1	Dance: Growing the top	Gymnastics: High, low, over, under	Games for Understanding: A v D	Athletics: Hurdles, Balls and Balls
Year 2	Team building: Dodging and jumping	Ball Skills: Hand 1 Ball Skills: Feet 1	Dance: Water The explorers	Gymnastics: Wide, narrowed, Curled	Games for Understanding: A v D	Athletics: Hurdles, Balls and Balls
Year 3	Health related exercise: Athletics	OAA: Problem solving	Invasion: Football	Dance: Wild Animals Weather	Gymnastics: Linking, pathways	Net/Wall Tennis: Invasion: Hockey
Year 4	Health related exercise: Athletics	OAA: Problem solving	Invasion: Netball	Dance: Greeks Cats	Gymnastics: Symmetry, Asymmetry	Net/Wall Tennis: Invasion: Tag Rugby
Year 5	Health related exercise: Athletics	OAA: Problem solving	Invasion: Hockey	Dance: Spidee The Circus	Gymnastics: Counter balance/extension	Net/Wall Tennis: Invasion: Football
Year 6	Health related exercise: Athletics	OAA: Problem solving	Invasion: Tag Rugby	Dance: Carnival Titanic	Gymnastics: Matching and Mirroring	Net/Wall Tennis: Invasion: Netball

Our Health and Wellbeing committee consisting of teachers, TA'S, Office staff and other members of the school community meet once a term. Minutes are shared with SLT.

## Health and Wellbeing on a page

(Physical Education, Physical Activity and PSHE)

## Developing the whole child

In each Physical Education lesson, bibs are awarded to pupils who show physical, cognitive, social, and emotional elements of learning within PE.



## PHSE and Relationship Education- Lead Sally Ackroyd

PSHE stands for personal, social, health and economic. It focuses on strengthening the knowledge, skills, and connections to keep children and young people healthy and safe and prepare them for life and work.

Relationships Education teaches the fundamental building blocks of positive relationships, focusing on friendships, family relationships, and relationships with other peers and adults.

PSHE and Relationship Education is integrated into everything we do at school and taught specifically through a scheme written by Leeds City Council called You, Me and PSHE. It is a spiralling curriculum which builds upon what the children learn year.