

Whole School Curriculum Map: Physical Education 2022-23

	Autumn 1		Autumn 2		Spring 1	Spring 2	Summer 1		Summer 2	
FS	Locomotion: Walking, Jumping		Ball Skills Hand 1 and 2		Dance: Nursery Rhymes Ourselves	Gymnastics: Moving	Games for Understanding: A v D		Health and well-being	
Year 1	Team building	Locomotion: Running and Jumping	Ball Skills: Hand 1	Ball Skills: Feet 1	Dance: Growing The zoo	Gymnastics: High, low, over, under Wide, narrowed, Curled	Games for Understanding: A v D		Athletics	Rackets, Bats and Balls
Year 2	Team building	Locomotion: Dodging and jumping	Ball Skills: Hand 1	Ball Skills: Feet 1	Dance: Water The explorers	Gymnastics: Pathways and linking	Games for Understanding: A v D		Athletics	Rackets, Bats and Balls
Year 3	Health related exercise	Athletics	OAA Problem solving	Invasion: Football	Dance: Wild Animals Weather	Gymnastics: Symmetry and Asymmetry	Net/Wall Tennis	Invasion: Hockey	Fielding and Striking: Rounders and cricket	
Year 4	Health related exercise	Athletics	OAA Problem solving	Invasion: Netball	Dance: Greeks Cats	Gymnastics: Bridges	Net/Wall Tennis	Invasion: Tag Rugby	Fielding and Striking: Rounders and cricket	
Year 5	Health related exercise	Athletics	OAA Problem solving	Invasion: Hockey	Dance: Space The Circus	Gymnastics: Counter balance/tension	Net/Wall Tennis	Invasion: Football	Fielding and Striking: Rounders and cricket	
Year 6	Health related exercise	Athletics	OAA Problem solving	Invasion: Tag Rugby	Dance: Carnival Titanic	Gymnastics: Matching and Mirroring	Net/Wall Tennis	Invasion: Netball	Fielding and Striking: Rounders and cricket	Leadership

