



Whole School Curriculum Map: Physical Education

- Confidence
- Learning
- Independence
- Motivation
- Belief

*OAA- is woven throughout the wider curriculum

	Autumn 1		Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
FS	Locomotion: Walking, Jumping		Ball Skills Hand 1 and 2	Dance: Nursery Rhymes Ourselves	Gymnastics: Moving High, low, over, under	Rackets, Bats, Balls and Balloons	Games for Understanding: A v D	
Year 1	Team building	Locomotion: Running and Jumping	Ball Skills: Hand and Feet	Dance: Growing The zoo	Gymnastics: Wide, narrowed, Curled	Rackets, Bats and Balls	Games for Understanding: A v D	
Year 2	Team building	Locomotion: Dodging and jumping	Ball Skills: Hand and Feet	Dance: Water The explorers	Gymnastics: Pathways and linking	Rackets, Bats and Balls	Games for Understanding: A v D	
Year 3	Health and wellbeing	Athletics	Developing Skills and Knowledge for Invasion (Football)	Dance: Wild Animals Weather	Gymnastics: Symmetry and Asymmetry	Net/Wall Tennis	Developing skills and knowledge for fielding and striking: (Rounders and cricket)	
Year 4	Health and wellbeing	Athletics	Developing Skills and Knowledge for Invasion (Netball)	Dance: Greeks Cats	Gymnastics: Bridges	Net/Wall Tennis	Developing skills and knowledge for fielding and striking: (Rounders and cricket)	
Year 5	Health related exercise	Athletics	Invasion: Hockey	Dance: Space The Circus	Gymnastics: Counter balance/tension	Net/Wall Tennis	Fielding and Striking: Rounders and cricket	
Year 6	Health related exercise	Athletics	Invasion: Tag Rugby	Dance: Carnival Titanic	Gymnastics: Matching and Mirroring	Net/Wall Tennis	Fielding and Striking: Rounders and cricket	Leadership